# Revised Scheme for Second Professional MBBS University Examination in Pathology (to be implemented from 2010 Regular Examinations)

## A. Written Paper:

Paper I – General Pathology & Hematology

Paper II – Systemic Pathology & Clinical Pathology

## Scheme of Theoretical Examination in Pathology.

Paper: 1. [General Pathology / Haematology]

Q1. Problem questions (without alternative)

10 Marks.

Q2. Comment on; any two out of three;

 $2 \times 5 = 10$ 

There shall be conceptual questions on general Pathology/ Haematology. e.g.

- 1. Difference between difference by primary and secondary intention in wound healing.
- 2. Retic count is important in diagnosis of anaemia.
- Q3. Pathogenesis / Differentiation / Blood or Bone marrow picture etc.

(any two out of three: )

 $2 \times 5 = 10$ 

Q4. Short notes (any two out of four)

 $2 \times 5 = 10$ 

Paper: II [Systemic Pathology [Investigative Pathology]

- O1. Same as above
- Q2. Same as above
- Q3. Pathogenesis / investigations/ interpretations etc.
- Q4. Short notes as above.

#### B. Oral/Viva:

There will be two tables with 7 ½ marks in each table

*Marks will be 15 (7 \frac{1}{2} x 2)* 

Table I – General and Systemic Pathology

Table II – Hematology and Clinical Pathology

## C. Practical:

#### Scheme of Practical Examination in Pathology.

Q1. Exercise on Peripheral Blood Smear

4 Marks

Q2. Exercise on Urine (2 Tests at least)

4 Marks

Q3. Exercise on Blood group / ESR / TLC / Hb estimation

4 Marks

Q4. Exercise on Histopathology slide (identification of description of the Changes therein)

4 Marks

Q5. Exercise on Problem based card (interpretation Questions therein)

4 Marks

Q6. Exercise on Spotting 6 items (1/2 marks each)

3 Marks

(2 specimens + 2 slides + 2 instruments)

## Q7. Practical Exercise book

(Should be properly signed by appropriate teachers)

2 Marks

## **Distribution of Internal Assessment marks:**

#### Total marks - 30

Theory – 15	Practical – 15		
Class-tests(Continuous I.A.) = 7.5	Item cards (Continuous I.A.) = $7.5$		
1 <sup>st</sup> Periodical I.A. – 40	1 <sup>st</sup> Periodical I.A. – 25		
2 <sup>nd</sup> Periodical I.A. – 40	2 <sup>nd</sup> Periodical I.A. – 25		
3 <sup>rd</sup> Periodical I.A. – 40	3 <sup>rd</sup> Periodical I.A. – 25		
Total – 120	Total – 75		
120/16 = 7.5	10%  of  75 = 7.5		

## **Question pattern for Periodical Internal Assessment examination:**

## A. Theory: One paper of 40 marks

Time -2 hrs.

1. One clinical problem-oriented question10 marks2. Two short-answer questions (2-3 segments) $10 \times 2 = 20 \text{ marks}$ 3. Five short notes $2 \times 5 = 10 \text{ marks}$ 

## **B.** Practical (including Oral):

C.

`	3	
1st Periodical I.A.	exam. 25 marks	
	Instruments (two)	$5 \times 2 = 10$
	Peripheral blood smear staining	5
	Any two of the following three te	ests $5x2 = 10$
	(ESR, TC, Hb estimation)	
2 <sup>nd</sup> Periodical I.A	A. exam. 25 marks	
	Urine examination (two) 5 x	2 = 10
	Problem card	5
	Blood grouping	5
	Instrument	5
3 <sup>rd</sup> Periodical I.A	1. exam. 25 marks	
	Urine examination	5
	Peripheral blood smear	5
	Blood grouping / ESR/TC	5
	Problem card & its interpretation	5
	Identification	5
	(4 HP & 1 Hematology slide)	

# **SYLLABUS for Second Professional M.B.B.S. course in PATHOLOGY**

The Syllabus for the 2<sup>nd</sup> Professional MBBS Course in Pathology is based on the Curriculum prescribed by the Medical Council of India

#### A) GOAL

The broad goal of the teaching of undergraduate student in Pathology is to provide the students with a comprehensive knowledge of the mechanisms and causes of disease, in order to enable him/her to achieve complete understanding of the natural history and clinical manifestations of disease.

#### **B) OBJECTIVES**

## a) Knowledge

At the end of the course, the student should be able to :-

- (1) describe the structure and ultrastructure of a sick cell, mechanisms of cell degeneration, cell death and repair and be able to correlate structural and functional alterations.
- (2) explain the pathophysiological processes which govern the maintenance of homeostasis, mechanisms of their disturbance and the morphological and clinical manifestations associated with it.
- (3). describe the mechanisms and patterns to tissue response to injury such that she/he can appreciate the pathophysiology of disease processes and their clinical manifestations.
- (4). correlate normal and altered morphology (gross and microscopic) of different organ systems in common diseases to the extent needed for understanding of disease processes and their clinical significance.

#### b) Skills

At the end of the course, the student should be able to:-

- (1). describe the rationale and principles of technical procedures of the diagnostic laboratory tests and interpretation of the results;
- (2) perform the simple bed-side tests on blood, urine and other biological fluid samples;
- (3) draw a rational scheme of investigations aimed at diagnosing and managing the cases of common disorders;
- (4) understand biochemical/physiological disturbances that occur as a result of disease in collaboration with pre-clinical departments.

## c) Integration

At the end of training he/she should be able to integrate the causes of disease and relationship of different etiological factors (social, economic and environmental) that contribute to the natural history of diseases most prevalent in India.

## **Lecture classes: 100 hours**

# Each Lecture class will be of one hour duration. The important aspects of each topic are given below General Pathology:

- A] Cell injury and adaptations- (7 classes)
- § Causes & Mechanism of cell injury
- § Macroscopic and microscopic features of reversible & irreversible cell injury
- § Definition and types of necrosis characteristics of each type of necrosis with example
- § Apoptosis definition, examples, its mechanism, morphological changes and its difference from necrosis
- § Definition of gangrene different types with morphology and examples
  - B] Acute Inflammation- (6 classes)
- § Definition of acute inflammation and its causes
- § Vascular phenomenon of inflammation
- § Cellular phenomenon chemotaxis, phagocytosis and formation of exudate
- § Chemical mediators of inflammation list, histamine, complement, arachidonic acid metabolites, brief mention of coagulation cascade
- § Morphological types of acute inflammation with examples
- § Clinical & hematological manifestations and outcome of acute inflammation
  - C] Chronic Inflammation and granuloma (4 classes)
- § Chronic inflammation definition, examples, morphology, cells of chronic inflammation with emphasis on epithelioid cells & giant cells
- § Granuloma- definition pathogenesis & description of a granuloma with special emphasis on tuberculous granuloma
- § Other types of granuloma Syphilis, Sarcoidosis, Leprosy
- § Giant cells different types, morphology & examples
  - D] Tissue repair, regeneration and fibrosis (6 classes)
- § Cell cycle and different types of cells
- § Normal cell growth
- § Regeneration role of growth factors and extracellular matrix
- § Repair role of collagen, granulation tissue, angiogenesis and fibrosis

- § Wound healing first and second intention § Factors affecting wound healing § Complications of wound healing § Healing in bone and specialized tissue E] Hemodynamic disorders, thrombosis and shock - (10 classes) § Hyperemia and congestion - definition and morphology § Normal hemostasis - mechanism and pathways § Thrombosis - definition, pathogenesis, causes, morphology and fate § Differences between Thrombophlebitis and Phlebothrombosis § Differences between Thrombus and Clot § Embolism & Infarction § Oedema - definition, types, pathogenesis with examples § Differences between Transudate and Exudate § Shock - definition, types, pathogenesis, clinical manifestations and examples F] Storage disorders and Amyloidosis -(3 classes) § Classification of storage diseases § Familial hypercholesterolemia, Lysosomal storage disease, Glycogen storage disease - an overview § Amyloidosis - definition, classification, pathogenesis, staining, clinical manifestations G] Disorders of Growth -(2 classes) § Definitions of Hyperplasia, Hypertrophy, Atrophy, Metaplasia, Dysplasia, Hypoplasia with examples. § Differences between - Hypertrophy and Hyperplasia, Atrophy and Hypoplasia H] Neoplasia - (10 classes) § Definition (Willis') and classification § Characteristics of a malignant neoplasm § Differences between - Benign and Malignant neoplasm, Carcinoma and Sarcoma § Spread of a malignant tumor - Routes with example, Mechanism of spread § Carcinogenesis - what is a carcinogen? Why carcinogenesis is a genetic event? § Different types of carcinogens and their mechanism of action § Molecular biology and genetics of carcinogenesis § Systemic changes due to neoplasia - paraneoplastic syndrome § Diagnosis of neoplasia Metabolic disordersm-(6 classes) П § Jaundice - definition, bilirubin metabolism, classification, lab. Diagnosis, § Diabetes Mellitus - Definition, Classification, Physiology of insulin metabolism, Pathophysiology, Complications, Diagnosis § Gout - definition, classification, pathophysiology, diagnosis (10 classes) Others -§ Genetics and chromosomal disorders - DNA structure, mutations, Mendelian disorders, chromosomal structural alterations, karyotype, cytogenetic disorders, diagnosis of genetic diseases
- § Immune diseases Hypersensitivity reactions, graft rejection,
- § Autoimmune disorders mechanism, SLE, Rheumatoid arthritis
- § Immunodeficiency conditions overview
- § AIDS pathophysiology, clinical manifestations, diagnosis
- § Environmental pathology tobacco, alcohol, air pollution
- § Radiation pathology -

### Hematology:

- A] Red Cell disorders (12 classes)
- § Definition, Classification of anemia- morphological & etiological
- § Iron deficiency anemia causes, pathogenesis, clinical manifestations and lab diagnosis
- § Megaloblastic anemia causes, pathogenesis, clinical manifestations and lab diagnosis
- § Aplastic anemia causes, pathogenesis, clinical manifestations and lab diagnosis

- § Hemolytic anemia causes, pathogenesis, clinical manifestations and lab diagnosis
- § Thalassemia- types, pathogenesis, genetics, clinical features, lab diagnosis
- § Structural hemoglobinopathies Sickle cell disease, G6PD deficiency
- § Other red cell disorders polycythemia
  - B] Leucocyte disorders (8 classes)
- § Definition, Classification of Leukemia(FAB & WHO)
- § Acute leukemia causes, morphology, diagnosis
- § Chronic leukemia causes, morphology, diagnosis
- § Leukemoid reaction types, morphology, differentiation from leukemia
- § Myelodysplastic syndrome definition, classification and morphology
- § Benign disorders leucocytosis, leucopenia etc.
  - C] Bleeding disorders (6 classes)
- § Thrombocytopenia causes, common types, approach for lab diagnosis
- § ITP causes, types, lab diagnosis
- § Coagulation disorders causes, approach for lab diagnosis
- § Hemophilia cause, types, lab diagnosis
- § DIC causes, pathogenesis, features
  - D] Other hematological diseases (4 classes)
- § Plasma cell disorders
- § Hematological manifestations of some important diseases
  - E] Blood groups and Blood Transfusion (6 classes)
- § Different blood groups and their Clinical significance
- § Determination of blood groups
- § Significance of reverse grouping and cross-matching
- § Blood donation collection, preservation, tests performed
- § Indications of Blood Transfusion
- § Transfusion reactions diagnosis
- § Rational use of blood including component therapy

#### Practical classes – 80 hours

#### Each practical class will be of 2 hours duration. The procedures to be demonstrated and practiced are:-

## A] Hematology

- 1. How to draw blood demonstration
- 2. Anticoagulants and their use
- 3. Drawing of blood film practice
- 4. Staining (Leishman) practice
- 5. Focusing the slide under microscope and identification of cells practice
- 6. ESR by Westergreen pipette practice
- 7. Total count of WBC by Neubauer chamber practice
- 8. Packed cell volume by Wintrobe's tube demonstration
- 9. Hemoglobin estimation by acid hematin method practice
- 10. Hemoglobin estimation by Drabkin's method demonstration
- 11. Bleeding time and Clotting time demonstration
- 12. Prothrombin time demonstration
- 13. Bone marrow demonstration of stained slides normal, ITP, Megaloblastic anemia
- 14. Blood grouping ABO & Rh practice

## B] Clinical Pathology

- 1. Urine noting the physical characters, how to measure specific gravity practice
- 2. Urine chemical tests for Protein, Reducing substances and Ketone bodies- practice
- 3. Use of different stix and their interpretation demonstration
- 4. Microscopic examination of urine practice
- 5. CSF demonstration of cell type in a normal CSF sample and a case of pyogenic meningitis

- C] Histopathology & Cytopathology
  - 1. Techniques of histopathology & Cytopathology (including FNAC) demonstration
  - 2. H & E staining and other special staining demonstration
  - 3. Demonstration of HP & Cytology slides along with tutorial classes in systemic pathology
- D] Problem cards along with tutorial classes in systemic pathology

## <u>Tutorial classes – 120 hours</u>

Entire systemic pathology will be learned in tutorial classes along with demonstration of HP slides and

problem-based learning with the help of problem cards

System	Topics	Specimens	HP slides
Cardio-Vascular	Heart failure	Mitral stenosis	
	Rheumatic heart disease	Atheroma aorta	
	Valvular heart disease	Lt. ventricular hypertro.	
	Atherosclerosis	Fibrinous pericarditis	
	Myocardial infarction	_	
	Hypertensive heart dis.		
	Infective endocarditis		
	Pericarditis		
Respiratory	Pneumonia	Lobar pneumonia	Tuberculosis of lung
	Pulm. Tuberculosis	Bronchiectasis	Emphysema
	COPD – Bronchial asthma,	Emphysema	
	Bronchiectasis, Emphysema, Chr.	Pulm. Tuberculosis –	
	Bronchitis	fibrocaseous & miliary	
	Bronchogenic carcinoma	Bronchogenic carcinoma	
Gastro-Intestinal	Salivary tumors- PSA	Peptic ulcer	Pleomorphic sal.
	Esophageal carcinoma	Gastric carcinoma	adenoma
	Peptic ulcer	Typhoid ulcer of S.I.	Adenocarcinoma
	Gastric carcinoma	Tubercular ulcer of S.I.	TB intestine
	Intestinal ulcers	Colorectal cancer	Acute appendicitis
	Chron's disease & Ulcerative colitis		11
	Colorectal cancer		
Renal	Glomerulonephritis – an overview	Granular contracted kid.	Clear cell carcinoma
	with nephritic & nephrotic	Large white kidney	
	syndrome,	Hydronephrosis	
	Pyelonephritis	Real cell carcinoma	
	Renal arteriosclerosis	Adult polycystic kidney	
	Hydronephrosis		
	Renal cell carcinoma		
Bone	Pyogenic Osteomyelitis	Osteomyelitis-sequestrum	Osteogenic sarcoma
	Tubercul. Osteomyelitis	TB spine	Giant cell tumor
	Classification of bone tumors	Osteogenic sarcoma	
	Osteogenic Sarcoma, Euing's	Giant cell tumor	
	Sarcoma		
	Giant cell tumor		
	Osteoporosis & Rickets		
Female Genital	Endometrium in health and disease –	Fibroid uterus	Proliferative endo.
	TB, Menorrhagia, Hormone	Carcinoma cervix	Secretory endo.
	Uterine leiomyoma	Dermoid tumor of ovary	Leiomyoma
	Cervical carcinoma		Mucinous
	Ovarian tumors -overview		cystadenoma

Hepato-Biliary	Viral hepatitis Fatty liver	Micro-nodular cirrhosis Fatty liver	Portal cirrhosis Fatty liver
	Portal cirrhosis	Metastatic liver	Chr. Cholecystitis
	Hepatic failure Hepatocellular carcinoma	Gall stones	
	Metastatic deposit in liver		
	Gall stones		
Female Breast	Non-neoplastic diseases – an	Carcinoma breast	Fibroadenoma
Temale Breast	overview	Carcinoma breast	Duct carcinoma
	Fibroadenoma		Buct caremonia
	Carcinoma breast		
Male Genital	Carcinoma penis	Carcinoma Penis	Seminoma
1/14/10 00111/41	Testicular tumors – classification,	Seminoma of testis	Benign hyperplasia
	Seminoma	Benign hyperplasia of	of Prostate
	ВНР	Prostate	
	Prostatic carcinoma – an overview		
Lymph Node	Reactive hyperplasia- an overview		Meatstatic deposit
	TB lymph node		TB lymph node
	Metastatic lymph node		
	Hodgkin's disease		
	NHL – an overview		
Endocrine	Thyroid – Goitre		Colloid goiter
	Hashimoto's thyroiditis		
	Addision's disease		
Skin	Melanoma		Papilloma
	Basal cell carcinoma		Melanoma
			Basal cell carcinoma
G 0 571			
Soft Tissue	Soft tissue tumors – an overview		Lipoma
			Capillary
			hemangioma
			Cavernous
Central Nervous	Maninaitia pyragania 0-		hemangioma
	Meningitis – pyogenic &		
System	Tuberculous  CNS tymore on everyious		
	CNS tumors—an overview		
	Meningioma		

# Syllabus for 1st Periodical I.A. examination:

**Theory -** General Pathology upto Disorders of growth (Item A to G)

**Practical** - Hematology upto hemoglobin estimation (Item 1 to 10)

# **Syllabus for 2<sup>nd</sup> Periodical I.A. examination:**

**Theory** – Rest of General Pathology (Item H. I. J), Hematology (Item A, B, C)

**Practical** – Rest of Hematology (Item 11-13), Clinical Pathology (Item 1-5)

Problem cards on Hematology and Clinical Pathology

# Syllabus for 3<sup>rd</sup> Periodical I.A. examination:

**Theory -** Systemic Pathology

**Practical** – Histological & Cytological techniques (including stains), HP slides (spotting)
Problem card on systemic pathology

# Practical Note Book will have to be submitted during Item and Part clearance

# Model Question for 2<sup>nd</sup> Prof. MBBS Exam. In Pathology

Time: 2 hours Paper – I Total marks – 40

There are four groups of questions. Answer each group in separate answer papers provided.

## Group - A

- 1. A male child of 2 years age presents with recurrent swelling of knees which occur even after trivial trauma. The family history shows that his maternal uncle also suffered from same conditions.
  - a) What may be the possible diagnosis?
  - b) How will you proceed to investigate this patient to come to a diagnosis? 1+9=10

### Group - B

2. Define shock. Enumerate the major types of shock that we encounter in our day to day practice Describe the pathogenesis of shock in burns. 2+2+6=10

Or

Define necrosis. Enumerate different morphological types of necrosis with two examples each. How necrosis differs from apoptosis? 2+5+3=10

#### Group - C

3. Define neoplasia. Enumerate different types of carcinogens with two examples each. Explain with example that carcinogenesis is a multi-step phenomena. 2+4+4=10

Or

Mention the criteria for diagnosis of Diabetes Mellitus. Describe the pathogenesis of Type 2 Diabetes. What is glycosylated Hemoglobin? 4+4+2=10

## Group - D

4. Write short notes (any five of the following)

5x2 = 10

- a) Significance of Reticulocyte count
- b) Poikilocytosis
- c) Peripheral blood smear findings in Chronic Myeloid Leukemia
- d) Phlebothrombosis
- e) Neutrophilic Alakaline Phosphatase
- f) Definition and two examples of Metaplasia

#### Paper – II

Time: 2 hours Total marks – 40

There are four groups of questions. Answer each group in separate answer papers provided.

## Group - A

- 1. A 45-year-old man was rushed to the hospital following an episode of crushing substernal chest pain with breathing difficulty. An urgent ECG was done which showed elevation of ST segment with deep Q wave.
  - a) What may be the possible diagnosis?
  - c) What other investigations will you suggest for evaluation of this case?
  - d) Enumerate the common complications that may arise in this case 1+7+2=10

#### Group - B

2. Classify Glomerulonephritis. Describe the morphological changes in the kidney in a child of 10 years of age suffering from Nephrotic syndrome 4+6=10

Or

Enumerate the viruses that can cause hepatitis. Discuss the significance of serological study in a case of hepatitis B. Enumerate the common complications of hepatitis B infection 2+6+2=10

## Group - C

3. Classify lung tumors. Describe the morphological changes in any one of them. Enumerate the steps of investigations to arrive at a diagnosis.

3+4+3=10

Or

Enumerate the morphological types of gastric carcinoma. Describe the Microscopical features of any one of them. What are the common sites of spread of a gastric carcinoma? Enumerate the steps of diagnosis in a suspected case of gastric cancer. 2+3+2+3=10

## Group - D

4. Write short notes (any five of the following)

5x2 = 10

- a) Involucrum
- b) Ghon's focus
- c) CSF in pyogenic meningitis
- d) Morphology of Dermoid cyst of ovary
- e) PSA
- f) Reed-Sternberg cell

#### **Model Problem Cards:**

I. Name: Mrs. S. Tarafdar Age: 22 years Sex: Female Address: 32/1 AJC Bose Road, Kolkata – 14 Report on examination of urine Physical: Appearance: Hazy Sp. Gravity: Q. I. **Fishy** Odour: Sediment: Present Reducing subst. Nil Chemical: Protein: Present Ketone bodies: Nil 3-4 cells / HPF Microscopical: Epithelial cells: Pus cells: 10-15 cells / HPF RBC: 2-3 cells / HPF Casts: Nil Crystals: Nil Signature Q1. What is the patient likely to be suffering from? 1 Q2. What would be the specific gravity of urine in this case and why? 1 Q3. How will you confirm the cause leading to this condition? 1 Q4. What is the appearance of the kidney if the patient suffers for a prolonged time? 1 II. Name: P. Mudi Age: 12 years Sex: Female Report of examination of Blood Hemoglobin: 9 g/dL12 mm at 1 hr. ESR: TLC: 8600/Cu. mm DLC: 53 % Neutrophil

Q1.	What is the clinical condition of this patient?	
Q2.	Mention two common causes that may lead to such blood picture.	
Q3.	Enumerate further tests you would like to do to come to a definite diagnosis	1
Q4.	If you examine the stool of this patient what pertinent findings may be present?	1

Signature

Lymphocyte

Anisocytosis + Poikilocytosis +

Monocyte

Eosinophil

Adequate

RBC:

Platelets:

39 %

03 %

05 %

Microcytic hypochromic

III.

IV

Name: Hafiz Mondal 15 years Age: Sex Male Patient is referred from the ENT OPD of NRS Medical College for FNAC of neck glands Report on examination of FNAC of cervical lymph node Smears show necrotic material and epithelioid cells in aggregate Signature Q1. What is the provisional diagnosis? 1 Q2. 1 How will you confirm the diagnosis? Q3. Draw a labeled diagram of microscopic features of such lymph node Name: T. Ali Age: 24 years Male Sex: Report on examination of CSF Physical: Appearance: Hazy Pressure: Coming out in jet flow Chemical: Glucose: 20 mg/dL Protein: 75 mg/dL Microscopical:Total cell count: 350 cells/cu mm Signature Q1. What is the condition this patient is suffering from? 1 Q2. What type of cells do you expect in microscopical examination of CSF? Q3. What are the clinical features of this condition? 1 Q4. What further examination you would do to find out the cause? 1

# **Item Card**

Name:	Roll No.	7	Year:	
Topic	Total Marks	Marks obtained	Signature of teacher	
Part I: Hematology				
1. Blood collection, anticoagulants, staining	10			
2. TC, DC & ESR	10			
3. Hb estimation,	10			
4. PCV, Red cell indices, Morphological	10			
classification of anemia				
5. BT, CT, P Time	10			
6. CML, CLL, Eosinophilia, Marrow puncture	10			
needle				
7. Blood grouping & Rh typing	10			
Part II: Clinical Pathology  1. Urine: Physical & Chemical tests	10			
2. Urine: Microscopical examination	10			
3. L. P. needle and CSF study	10			
Part III: Histopathology & Cytopathology				
1. Histological techniques including staining	10			
2. Histopathology – Non-tumors	10			
3. Histopathology - Tumors	10			
4. Cytology: Exfoliative & FNAC	10			
Part IV: Immunopathology				
Pregnancy test in urine & other immunological testsd	10			
minishorogical todas	150			

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Part IV: Immunopathology				
1. Pregnancy test in urine & other	10			
immunological testsd	150			
Marks to be computed for continuous Internal A	ssessment in Practic	cal = Marks obtaine	ed / 20 =	
Complete/Incomplete				
Counter Signature		Signature of HOD		